## MAHANTH MAHADEVANAND MAHILA MAHAVIDYALAY, ARA

## **ACTIVITY REPORT**

**NAME OF THE DEPARTMENT** – PSYCHOLOGY

**NAME OF ACTIVITY** – SEMINAR

**LEVEL OF ACTIVITY** – DEPARTMENTAL

**DATE OF ACTIVITY** – 11.04.2022

**HEAD OF THE DEPARTMENT** – DR LATIKA VARMA

**NAME OF RESOURCE PERSON/S** – DR OM PRAKASH KESRI

**NUMBER OF TEACHER PARTICIPATED** – FOUR

**NUMBER OF STUDENTS PARTICIPATED** – 65

FRUITFUL OUTCOME OF THE ACTIVITY — THE SEMINAR WAS QUITE FRUITFUL FOR THE STUDENTS SINCE THEY UNDERSTOOD THE METHOD AND PROCEDURE OF MAKING A CASE STUDY REPORT PROPERLY. THE SPEAKERS EXPLAINED HOW A PERSON CAN MAKE A CASE STUDY REPORT FOR RESEARCH PURPOSE AS WELL AS FOR COUNCELLING PURPOSES. ON THE WHOLE THE SEMINAR WAS QUITE USEFUL AND BENEFICIAL FOR THE STUDENTS.

DR LATIKA VARMA
HEAD, DEPARTMENT OF PSYCHOLOGY

## MAHANTH MAHADEVANAND MAHILA MAHAVIDYALAY, ARA

## **ACTIVITY REPORT**

**NAME OF THE DEPARTMENT** – PSYCHOLOGY

**NAME OF ACTIVITY** — SPECIAL LECTURE ON -PSYCHOSOCIAL FACTORS OF DIABETES

**LEVEL OF ACTIVITY** – DEPARTMENTAL

**DATE OF ACTIVITY** – 19.04.2022

**HEAD OF THE DEPARTMENT** – DR LATIKA VARMA

**NAME OF RESOURCE PERSON/S** – PROF R.C.SINGH, PROF S.K.SINGH, PROF PRATIBHA VERMA, DR O.P.KESRI

**NUMBER OF TEACHER PARTICIPATED** — FIVE

**NUMBER OF STUDENTS PARTICIPATED** – 55

FRUITFUL OUTCOME OF THE ACTIVITY – THE SPECIAL LECTURE ON PSYCHOSOCIAL FACTORS OF DIABETES WAS QUITE FRUITFUL FOR THE STUDENTS SINCE THEY UNDERSTOOD THE VARIOUS PSYCHOLOGICAL AND SOCIAL FACTORS WHICH IS RESPONSIBLE FOR DIABETES. THE SPEAKERS EXPLAINED HOW A PERSON CAN MANAGE DIABETES BY CHANGING THEIR LIFESTYLES, FOOD HABITS

ETC.THE STUDENTS AND OTHER LISTENERS BECAME WELL AWARE OF THE DIFFERENT FACTORS WHICH CAUSES DIABETES IN A PERSON.A GENERAL AWARENESS AND KNOWLEDGE ABOUT CAUSES, PRECAUTIONS AND TREATMENT FOR DIABETES WAS EXPLAINED. ON THE WHOLE THE LECTURE WAS VERY USEFUL AND FRUITFUL FOR EVERYONE.

DR LATIKA VARMA
HEAD, DEPARTMENT OF PSYCHOLOGY